

The Only Sourashtra English Monthly of Karnataka United Sourashtra Organisation (KUSO)

Dear Parents,

You have so far read in page 7, the details of horoscopes of Nowrin / Nowran registered in the 29th Global Jadhaga Parivarthanai Mela held on 17-03-2019 as well as those horoscopes registered by person or by post till 20-07-2019.

Please attend the 30th Mela to be held on 13-10-2019.

KUSO MARRIAGE BUREAU MAHA DASAL

KUSO will celebrate its 5th Mahadasal on 05-10-2019, SATURDAY at AARADHANA HALL, Sri Raghavendra Swamy (Mutt) Temple,1st Floor, Dr. Rajkumar Road, Near Navrang Theatre, 2nd Block, Rajajinagar, Bengaluru-10.

Kindly intimate us your willingness to participate in Govindha (Bitchai). We humbly request you to donate liberally materials like Rice, Oil, Sugar & pooja Vegetables etc.

R.R. Baskar, Jt. Treasurer & in-Charge for Mahadasal Mobile : 9343736556

The 68th 'divaa puje' was held on Tuesday, 16th July 2019, at 06:00PM at Joint Treasurer Residence Sri R.R. Baskar, # S-1860, 1st 'G' Main, 'D' Block, MKK Road, Rajajinagar 2nd Stage, Bengaluru - 10, with the participation of large number of KUSO members family.

In this function, Vice President, KUSO, Sri R.K. Sridharan performed the rituals. Smt. Santhi Baskar and Smt. Yogeshwari Nagarajan had organized the pooja events.

Those who are interested to participate are requested to contact Smt. Santhi Baskar (9342014615), Smt. Ramila Devadoss Babu (9379681716) and Smt. Yogeshwari Nagarajan (9141335308, 9379365178).

jenjam thinnal

KUSO conducts the "jenjam thinnal" - "sounal" (Avani Avittam). It will be held on Thursday, 15th August, 2019 at KUSO Committee Member Sri Rajkumar BKM **New Office, "the_G Scape",** No.1039/77, 2nd Floor, 'F' Cross, Next to Golden Heights Mall, Dr. Rajkumar Road, Behind SJR Primary School, 4th 'M' Block, Rajaji Nagar, Bangalore - 560 010.



Please inform us your willingness to participate in this function and bring a plate, two tumblers and a spoon. Breakfast is arranged by KUSO.



divaa puje



KUSO TRADE EXPO-2

We have conducted Sourashtra Trade Exhibition and Sales for 2 days on 30-09-2017 and 01-10-2017 (Saturday and Sunday) with massive support and participation by Sourashtra Traders and Busines men. We wish to conduct similar Trade Expo & Sale this year also.

We expect from our traders, businessmen, supporters and advertisers to let us know immediately as to when the said Trade Expo could be conducted at the convenience of the participants.

The Unwritten History of the Saurashtrians of South India

From 500 to 1000 A.D. Saurashtrians lived in Mandsar, Dasapura towns of the old Saurashtra Province which included portions of the present Gujarat and Maharashtra States doing spinning and weaving works. In Dasapura they built their own a Sun Temple and worshipped Sun God. The Sanskrit term Saura means sun. As they built and worshipped Sun or Saura God they were called as Saurashtrians and the region they lived was naturally called as Saurashtra Province.

In major portions of Saurashtra region cotton was growing in large quantities. It was long staple variety cotton. As it was growing in the Arabian Sea breeze it was similar to the Egyptian or American type cotton very suitable for making thin thread. Even today the cotton plants grow most in Ahmedabad in the whole of the Deccan Plateau. Also, the climate of the region is most suited to make thin thread and dresses. So, they naturally learned the art of weaving thin clothes out of the very thin silk like cotton available there.

Saurashtra region was ruled by the Mourya dynasty King Somasarma, Saka dynasty King Rudradama and Gupta dynasty King Chandragupta called Vikramaditya. King Kumaragupta of 473 A.D. has said in his Royal Charter that the Saurashtrians who were spinning silk like thread and weaving thin clothes out of it, migrated from Lata town of Saurashtra region to Mandasar of Malwa region during the Gupta period; they were called as "Pattavayahs" weavers of thin silk like cotton clothes or silk clothes. Queen Mangamma (1681-1704) of Madurai also has said in her Royal Charter that such dress makers as Pattavayar Migrations of Saurashtraians.

In 1024 Mohamed of Ghazini attacked the area of Somnath in Kathiawar. He plundered, looted, destroyed the Temple of Somnath and carried away valuable jewels, gold, diamonds, etc. As the Saurashtrians were unable to bear the harassments, continued disturbances of their works and destruction of properties by Ghazini 17 times or so they left their beloved place and migrated to peaceful places in the North, Centre and South of India.

Some migrated to the Surat town on the banks of River Tungabadhra and then to Devagiri of Yadava Kingdom. In Devagiri or Dauladabad they lived for about 2



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to 3 centuries. As the dress, culture and movements of the people there were similar to theirs they adjusted themselves and lived there. Thereby some terms and words of Varaja language got mixed with the Saurashtra language.

In 1294 the Sultan of Delhi, Alauddin Khilji and his General Malik Kafur crossed Vindhiya hills and Devagiri, waged battles with the Yadava King Ramchand. In the battle Yadava King was defeated and imprisoned. Alauddin Kiliji plundered all the properties of the people and left for Delhi. Due to this historical reason, Saurashtrians left Devagiri and migrated first to Marati Kingdom and then to Vijayanagar Empire. In that way many terms and words of Marati, Konkani and Kannada languages mingled with the Saurashtra language. Examples: Amti (curry), Limbu (Lemon), Angidi(Shop), etc.

Vijayanagar was situated near a village called Hampi in the Bellary District then. The first kings of the region were Harisharar and Bukka. Bukka sent delegates to Madurai to save Hindu Dharma and Hindu Kingdom from the destructions of Muslim rulers and established Pandyan King Rule there. When the heirs to the throne of Pandyan Kingdom were not available in 1500 Madurai came under the direct rule of Vijayanagar Empire, which was at its best under the King Krishadevaraya between 1509 and 1531. First Madurai was ruled by the General of Krishnadevaraya. Viswanatha Naicker was the first Naicker King to rule Madurai between 1558 and 1563. His Prime Minister and General, Aryanatha Naicker built the Thousand Pillar Mandapam at Madurai.

Viswanatha Naicker and his successors were defeated in the battle by Bahmani Sultan at Talikota in 1565. Vijayanagar Empire also was destroyed. At that time Saurashtrians who were living there with the full support of the kings for about 2 centuries had to leave Vijayanagar also. During that period many words and terms of Telegu language got mixed with the Saurashtra language such as Lohan (Iron), Boskanna (a festival), etc.

Between 1623 and 1659 Thirumalai Naicker was ruling in Madurai. He invited the Saurashtrians weavers to Madurai to make silk dresses for the Royal family and as a result they came down to Madurai and settled there.

big city.

As time went on they settled in other places like Trichy, Tanjore, Kumbakonam, Salem, etc. in Tamil Nadu. Because of their arrival at Madurai, the town developed into a

For nearly 4 centuries now they have been living in Madurai and other towns in Tamil Nadu. Not only weaving works but also all sorts of works they are doing there. Today schools, colleges, Mills and other institutions are run by them. In spite of this many people are still working as weavers and remain poor. Nobody knows the Saurashtra Script and also none reads or writes in that language. Only if this drawback is rectified, perhaps Saurashtra language can be saved in the future.

T. A. Ramesh

Small Business Ideas with Low Investment

100. Beer and Wine Making

Beer and wine making is an expensive affair. You need raw material and a lot of other stuff like storage facility and bottling facility. You need to take number of approval before starting this business.

101. Manufacturing Fabrication Plant

A manufacturing fabrication plant is facility that does welding, machining and produces metallic finish goods. It is big investment big profit business. You need skill manpower and lot of machinery for this business.

102. Crane and Lifting Service

Crane and liftings service is big investment business. Construction and manufacturing units require crane or lifting equipment. You can offer crane & lifting services to the customer and earn money.

103. Transportation services

In this business, you need to provide facility of transportation to the customer. You can offer car or bus facility to end user. It can be by call or pre-book facility. You need to invest lot of money for buying car and bus.

104. Car Parking Services

Car parking service is a recent concept, as you know that parking car in the business area is always a problem if you have huge space you can utilize this space by providing safe and secure car parking place.

105. Petrol Pump & Gas Station

Petrol pump or Gas station is a business option that demands huge capital investment. Apart from money, you need a lot of space, labor and machinery for this business. Cost of setting up is also high.

106. Marriage Hall or Party Plot

A big space can be converted to marriage hall or party plot. You may need to spend lot of money for decoration and development of the area. You can generate very good revenue from this business.

107. Luxurious Car Services

If you are keen to start expensive business, Luxurious car business can be your choice. In this business you need to purchase luxurious cars and lease them. Many rich people avail such services and they are ready to pay money for this.

108. Imported Furniture Store

One of the big investment business is imported furniture store. In this business, you are involved in selling imported furniture. You can import this furniture from China, UAE or other countries. You need suitable place and huge capital to start this business. 109. Electronic Store



Electronic store is one of the big investment business ideas. In this business, you need to sale electronic items such as TV, fridge, washing machine and other electronic items. You will need big space and lot of manpower to start this business.

110. Art and Collection Shop

If you love antique items, art and collection business might help you. In this business, you need to keep art, antique, painting, and other decorative items in your shop. It is risky business option.

111. Video Conference and Board Room Services

Many Small and Medium Enterprise do not have a video conference or boardroom facility. If you have space, capital, and expertise to make boardroom or video conference facility you can plan to make money out of it.

112. Night Club

The nightclub is a lucrative business option for big cities. However, starting a nightclub is challenging as you need manpower, licensing and other arrangements.

113. Poultry and Fisheries

Poultry and Fisheries business is another big investment business idea. You need to study market condition before starting this business. You will need incubator and rack type arrangement to keep chickens.

114. Building Construction

Building material or construction is growing business in an urban area. You need to invest a lot of money in order to start this business. You will also need skill to start this business. Getting a good labor is a challenge in this business.

115. Solar Farm

Solar generation is next booming business. This business requires a hefty investment. In this business, you need to produce solar energy by means of using equipment and sell it to power generation company or clients.

116. UPS Business

SRB Kishorilal

SRB Mothilal

In UPS business, you need to buy and sell UPS. Apart

from that, you can take AMC of old UPS. You can tie up with good UPS Company like APC for selling their products.

117. Auto Modification Services

Today people cannot afford an imported car and they often go for modification of existing car for good design and look. This gives birth to a good business called as auto modification service.



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118. Chemical Unit

Starting a Chemical factory is big investment idea. In Chemical Unit business, you need to produce chemical, color and dye required for industrial and household process. It is complicated business which requires lot of expertise. Licensing and clearance requirement for this business is also high.

119. Car Driving School

Car Driving School is one of the lucrative business idea. However, you require lot of money to start car driving school business. You need to make investment for buying multiple cars. You will also need trainers for effective training.

120. Gold Ornament Shop



Gold Ornament shop is another big investment business idea. In this business you need to invest money in buying gold ornament inventory. Apart from that you require suitable place preferably in the market area for starting business. A success of this business depends on your expertise and networking skills.

121. Printing Press

Printing press is another business idea. In this business, you need to purchase printing machineries. Make sure you have enough business to establish printing press. It is good idea to start printing press on lease at initial stage.

122. Peer 2 Peer Lending Business

Peer 2 Peer Lending Business is business of money. In



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this business you need to lend money and earn interest income. You have to be careful in selecting the borrower. Don't forget to make legal agreement before lending money.

123. Internet Service provider

The demand of Internet is growing thus starting internet business makes sense. You have to be knowledgeable enough to start internet service provider business. This business demands heavy investment for buying equipment and establishing network.

124. Computer Class

Knowledge of computer is required in almost every field. This makes computer class lucrative business option. This business demands investment in terms of buying computers and other projecting and networking equipment.

125. Business Idea of Hotel

Starting a Hotel is a very good business idea. This business idea demands a lot of investment. Apart from money also need competent and experienced manpower.

126. Oxygen gab bottle

Oxygen gas business is next business idea. Oxygen and other gases are widely used in medical and industrial field. You can plan to start your own Oxygen gas cylinder business or other gas supply business.

127. Business Idea of Battery

Next business idea is battery shop. Every two wheeler and four wheeler requires a battery. Thus starting a trading business of battery is profitable affair. You need to make lot of investment in order to start battery shop.

128. Business Idea of Cement

Infrastructure development is on boom and cement is a prime requirement for this initiative. Thus starting a cement business would be a profitable affair. You can either take dealership of Cement Company and start trading or establish your own cement factory.

129. Spice or Masala Powder

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Next successful business idea is starting business of

Spice or Masala Powder. You need to spend money in order to start this business. You can either develop your own set of spice or take franchise of other famous masala powder companies.

130. Lender

If you have a lot of money, you can become a moneylender and start your own lending business. You need to be careful before lending money else, you may lose it.

131. Nursing school

The nursing school requires a lot of workers and license for this business. You also need trainers in order to train your staff.

132. Modeling Agency

A modeling agency is a company that represents fashion models, to work for the fashion industry. A Modeling agency earns income via commission.

Tobe Continued

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I hereby declare that the particulars furnished above are true to the best of my knowledge.

Signature

Note Please send us the above form duly filled in and signed as soon as possible. The names and addresses of those members who had not submitted to us the said form, will be deleted from the mailing list and Sonna Kodum copies will not be sent to them. Those who have registered their horoscopes with us will receive Sonna Kodum copies for a period of 6 months only from the date of registration.

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SONNA KODUM

KUSO MARRIAGE BUREAU accepts the responsibility of forwarding the horoscope details to the parents of alliance seekers only. The genuineness of the horoscope and the other information furnished therein should be verified by the parents concerned. The applicants should quote the Reference Number mentioned in all the horoscope details published in this issue, on the left hand top corner of the envelope which will enable us to locate and send them a particular horoscope without much delay. For further details, please contact **Sri T.S. Jayabalan**, General Secretary, KUSO **Mobile : (0) 9902264195**.

Dear Parents : The registration of horoscope with KUSO Marriage bureau is valid only for a period of 6 months from the date of registration. Any request for horoscope copies after the expiry of the said 6 months period, will be entertained only upon renewal of your boy's/girl's horscope with KUSO. Ref:No. must be quoted in all your correspondence.

G: Gothram, H: House Name N: Natchathram, R: Rasi P: Padam D/B: Date of Birth O: Origin Ref: Reference No. to identify a particular horoscope

Note: We have pleasure to present the details of fresh horoscopes of Nowrin / Nowran registered for the 29th Global Jadhaga Parivarthanai Mela (Sunday, the 17th March 2019) in instalments

NOWRIN

- ★ G Khasyabha Rishi H Jeykka N Karthikkai P 3 R Rishabam D/B 14.05.1991 O Madurai. Dip.in Nursing (ANM), D.C.A. std.,height 4'10" girl seeks suitable alliance for 2nd marriage from graduate boys of any Origin anywhere in India. Ref:KMB/G/008.
- ★ G Jamadakmi Rishi H Seluka N Poosam P 1 R Kadakam D/B 11.04.1992 O Dindigul. MBBS, MD Height 162cm Govt.Medical College, Kozhikode, Kerala. student stypend Rs. 36000/Pm. seeks suitable alliance from doctor boys from Tamilnadu, Karnataka origin, working in private (or) Govt. Job above States.Ref:KMB/G/009.

NOWRAN

- ★ G Marisha H Bathen N Poosam P 3 R Kadagam D/B 18.05.1983. O Madurai B.Com,(CA),C.P.A std., height 178cm, wheatish coloured boy works as Asst. Manager, Modern Trading L.L.C.Dubai, UAE. with a salary of Rs.1.8 Lacs/pa seeks suitable alliance form any degree girls of Madurai /Chennai /Bangalore origin with a min height 5'6" REF: KMB/B/29/123.
- ★ G Chayavana H Vontivillu N Ponarpusam R Mithunam D/B 06.10.1977. O Madurai B.B.A. std., height 5'9" normal coloured boy works as Branch Manager at SRE Corporation Salem. with a salary of Rs. 35000/pm seeks suitable alliance form any degree girls of Madurai origin with a min height 5'9" REF: KMB/B/29/124.
- ★ G Udanga H Kuppalu Nattamai N Uthiradam P 2 R Makaram D/B 05.05.1955. O Madurai B.Tech (textiles) MBA std., height 5'3" medium coloured widower works as Training Manager at VTM Ltd., Virudhunagar, with a salary of Rs. 45000/pm seeks suitable alliance form +2 or any degree girls of Madurai / Chennai / Trichy / Kumbakonam origin with a min height 5'2" REF: KMB/B/29/125.



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17" March 2019-Sunday

- ★ G Sallia H Bhunga N Bharani P 1 R Mesham D/B 15.04.1991 O Madurai M.C.A std, wheatish coloured boy works as S/W Application Analyst at Accenture, Bangalore. with a salary of Rs. 70,000/pm seek suitable alliance form any degree girls of Madurai origin. REF: KMB/B/29/127
- ★ G Sallia H Nambi N Visagam P 3 R Thula D/B 20.08.1988. O Walajapet MD DVL DNB (Dermatology) std, height 5'5" fair boy works as Asst. Professor, Dept of Dermatology, with a salary of Rs. 70,000/pm seeks suitable alliance form Doctors(UG/PG) Dental, IT, Lecturer, girls of any place origin working in preferably Chennai with a min height 5'4".REF: KMB/B/29/129
- ★ G Jabali H Chinnakonda N Moolam R Dhanush D/B 02.03.1989. O Madurai B.E-(EEE) std, height 168cm wheatish coloured boy works as Software Engineer at Altengmbm, Mottelistrasse, Germany with a salary of Rs. 4 lacs/pm (before Tax) seeks suitable alliance form graduate girls of any place origin living in Madurai / Chennai / Bangalore with a min height 170cm. REF: KMB/B/29/130
- ★ G Savana H Ramiya N Purattathi P 3 R Kumbam D/B 01.05.1989. O Madurai B.E. (CSE) std, height 167cm fair boy works as IT Industry, DXC Technology, Bangalore. with a salary of Rs. 1.25lacs/pm suitable alliance form graduate or above std girls of Madurai origin working is optional (may or may not) with a min height 168cm. REF: KMB/B/29/131



Paje! Paje! Nowrin Paje!!

Paje! Paje! Nowran Paje!!

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கல்வாரியின் சிறப்பு அம்சங்கள்

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Mrs. M.V. Janaranjani Bai - An Outstanding Personality

Mrs. M.V. Janaranjani Bai is an outstanding personality in Sourashtra Community. She is born on 15-03-1944 (15th March 1944). Her parents are Mr. M.R. Vidyasagar and Mrs. M.V. Indrabai. Her Grand Parents are Mr. M.K. Ramaswamy Iver and M.R. Visalakshi Ammal. She studied in St. Joseph Convent from L.K.G to S.S.L.C.



She finished her schooling in 1959. Then she joined in Fathima College and did her P.U.C. in 1959 to 1960. Then she did her B.Sc (Physics) in 1960 – 1963 and got through in first class In between she got married in 1962 to Sri. V.S.M.R. Suresh, son of Hercules V.S.M. Rajaramier and V.S.M.R. Seshammal. Her Husband's Grand Parents were Sri.V.S.K. Muthuramier and V.H. Seethaiammal. After marriage she studied one year and completed her B.Sc degree course in 1963.

After that till 1976, She was housewife and during that time she learnt stitching skirts, blouses etc., from her sister in law Mrs. Lalitha Sivaprasad. Till now she is stitching her blouses by herself. Then She learnt many Sanskrit Slokas from a Guru - Lalitha sahasranaman, Vishnu sahasranaman, Bagavat Gita and many Ashtahams like Achuthashtagam, Bala Mukundashtagam, Krishnashtagam etc. With the effort and support of her mother in law, she learn all important slokas in sanskrit, then she learnt sankrit (till Kovitha exam). She learnt painting and did fabric painting in many sarees.

Then all of a sudden Government order was to start Fabric painting in Sourashtra Girls School; At that time the correspondent of the school was Mrs. P.K. Lakhmikantham, Ex.M.L.A and Secretary Mrs. P.K.B. Thilothama both requested her to join in the school as Fabric painting instructress. She accepted and joined in the Sourashtra Girls Higher Secondary School in 1976 until 1980, she worked as fabric painting instructress. At that time she taught 60 to 70 students to paint in Fabrics like handkerchief, shirt, pillow covers etc., then painting in wall mats, ply woods and Thermocoal Students did well. She used to arrange Exhibition and displayed the students painting. Everybody appreciated and it was just like Handicraft6s Emporium. All the District Educational Officers and Chief Educational Officers appreciated Mrs. M.V. Janaranjani's work and praised her by giving Certificates. This Exhibition was conducted in Schools and public places like Gandhi Museum, during Governor's Visit and Sourashtra Conference. Then she



became craft instructress from 1980 to 1984. In the meanwhile she studies B.Ed degree in 1982 and M.A Degree in 1984. She became the P.G.Assistant (P.G.Teacher) in 1984. In the meanwhile she became the Assistant Headmistress of the School from 1991. She completed M.Phil., Course in 1997. She became the Head mistress of the School in 1994 and served for the school until 2002. Within the period she received many awards.

- 1. C.C.R.T (Centre for Cultural Resources and Training) Teachers' Award in March 1990 for linking culture with education from the then Vice President Honourable Sri Shankar Dayal Sharma.
- 2. Siddha Kala Ratna Award by Siddasramam Guruji Sri Siddha Narahari Swamiji for service to cultural and educational field from Mr. Aludayapillai, Vice Chancellor of Madurai Kamaraj University on 1996.
- 3. Nethaji Award in April 1997 from Honourable Justice Sri.S. Mohan through Nethaji Centenary organization for extraordinary service is various fields along with the service to education at "Kalaivanar Arangam" Chennai.
- 4. Vocational Excellency Award from Rotary main Club of Madurai and Rotary west club of Madurai in the year 1997.
- 5. Dr. Radhakrishnan (State) Award for Best Teacher in 1998 by Honourable Education Minister and Chief Minister at Valluvar Kottam.
- 6. "Vidya Seva Ratna" Award by Madurai Adeenam at Madurai in 1998.
- 7. "Drona Award" by Thangamayil Jewellery for the retired teachers who have received state best Teacher Award during the year 2003.
- 8. "sirantha peNmaNi"Award by Bharathi Yuva Kendra from Swami Sri Kamalathmanandha, President of Ramakrishna Math in 2004.
- 9. received an Award from Nayaki Kalvi Seva Trust as "kalvi sEvai semmal" in the year 2015.
- 10. Tamilisai Sangam Raja Sir Muthiah Mandram Sirkali Govindarajan Memorial Award "valarum kalaignar" in 2015 by the trustee Sir. S. Mohan Gandhi and Mr. Dinakaran, an Industrialist.
- 11."Thitta poruppu paNiyErppu saanrithaL" by Jegathguru Sri Jeyendra Saraswathi Swamiji for Dharma rashathi rashitha janak kalpana purushothama thittam.
- 12."Best Educationist Award" by Achievers Association, New Delhi on 2019
- 13.Dr. A.P.J. Abdul Kalam's "education Excellence Award" by Indian Solidarity Council
- 14.In 2019 She is going to received "International Education Development Award" in June 29th of 2019 which is going to be given in Moscow

Cell: 98421 72520 (Russia)

T.R. Kannan

She offered her service in Sourashtra Girls higher secondary school. She retired on 2002. In 2004 she became secretary of the Sourashtra Girls vidyasangam which is the root body of Sourashtra Girls higher Seconday School, Primary School, Sri VidyaBhavan Matriculation School (started on 2007), Madurai Gandhi N.M.R.Subbaramancollege for

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August 2019

Women (Started on 2010) Then she became the Executive committee member, In 2004 and became the Secretary of Sourashtra Girls Vidyasangam. Then She has became the correspondent of Sourashtra Girls Higher Secondary School, Primary School, Sri Vidya Bahavan Matricution School and Madurai Gandhi N.M.R.Subbaraman College For Women.

When she was the headmistress in 1997 the school celebrated its Golden Jubilee in a grand manner.

When she was the Secretary in 2007 the school Celebrated its Diamond Jubilee in a grand manner. Her hobbies are:

- Drawing and Painting Painted many sarees and many pictures as wall hangings and presented to people wherever she goes.
- Singing Devotional songs, Thevaram, Thiruvasagam and DivyaPrabandham.

tuu aavi

She used to teach Thevaram to the studentof Sourashtra Girls higher Secondary School and Madurai Gandhi N.M.R.Subbaraman College for Women

She has given donations to Sri vidyabhavanMaticulation School, Madurai GandhiN.M.R.Subbaraman College for Women, Sourashtra Girls higher Secondary School (as showing Gratitude to the institutions which gave her opportunity to grow in her life). She was an Executive Committee member in Natana Gopala Nayagi Swami Mandir, Natana Gopal Swami Temple at Kothakinaru, Natana GopalMandhir, Nayakiyar Matriculation School, Geetha Bhavan, Ramakrishna Prarthanalayam, Siddharshramam, Ramakrishna Math & Kulanthaigal Kappagam.

She visited So many Countries : America - 2 Times, Kolalumpor, Bangcok, Singapore, Europe, England, London, France, Switzerland, Austria, Venice, Italy And Rome, China, Bangkok and Srilanka.

SOURASHTRAM (SAURASHTRI) & GUJARATI

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 Austria, Venice, Switzenand, Austria, Venice, Italy An

 Rome, China, Bangkok and Srilanka.

 ASHTRI)
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in which manner	kOn dhaanuk	kEvii riite
From the	above it is seen	that mutual

From the above, it is seen that mutual understanding between Sourashtras and Gujaratis is difficult for the vocabulary, sentence structure and grammar differs to a large extent. And hence Sourashtram cannot be treated as a dialect of Gujarati language.

The above is excerpts from the Paper presented in 46th All India Conference of Dravidian Linguists & International Symposium on Linguistic Ecology and Language Technology, held on 21-23, June 2018 at Jadavpur University, Kolkata, by O.S. Subramanian, Secretary of Sourashtra Vidya Peetam, Madurai and a Life Member of Dravidian Linguistics Association, Thiruvananthapuram.



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Incredible Benefits of Mangoes

The King of Fruits

n addition to being sumptuous, pulpy and amazing, mangoes pack a host of health benefits too! Here are 8 benefits of mangoes you must know.

Native to India, mangoes were first cultivated in the Northeast India, Bangladesh and Myanmar about 25-30 million years ago. Also called the king of fruits, mangoes have enjoyed their own



prized place in the history of India and its relationship with the world. It is one of the very few fruits that has found a coveted place in Hindu religious scriptures.

Food Historian KT Achaya in his book, 'A Historical Dictionary of Indian Food' writes, "From it's very first mention as 'amra' in the Brahadarnayaka Upanishad (c.1000 BC) and in the slightly later Shatapatha Brahmana, the virtues of mango fruit have been extolled for three thousand years." It is said that mangoes were also very dear to Lord Buddha. He used to meditate in the tranquillity of lush mango groves. Of the most popular legends and yore, the Mughal fixation with mangoes wins hands down.

Mangoes were used as tenderisers in the making of the delectable Mughlai kebabs. Mango grafting too was issued only by royal patronage until Emperor Shah Jahan lifted limitations, KT Achaya writes in his book 'A Historical Dictionary of Indian Food'. During the 16th century, the sea-faring Portuguese were so lured with the mangoes in Kerala, that they also took the fruit and its seeds and introduced it to Africa.

In some parts of the world, mango (Mangifera indica) is called the "king of fruits."

It's a drupe, or stone fruit, which means that it has a large seed in the middle.

Mango is native to India and Southeast Asia and has been cultivated for over 4,000 years. There are hundreds of types of mango, each with a unique taste, shape, size and color.

This fruit is not only delicious but also boasts an impressive nutritional profile.

In fact, studies link mango and its nutrients to health benefits, such as improved immunity, digestive health and eyesight, as well as a lower risk of certain cancers.

Here's an overview of mango, its nutrition, benefits and some tips on how to enjoy it.

With a history as delicious, mangoes make for one of the most popular fruits across the world. In addition to being sumptuous, pulpy and amazing, mangoes pack a host of health benefits too! (As if we needed any more reason to gorge on to this amazing fruit)

Here are some benefits of mangoes you may not have known.

- 1. Helps in digestion
- 2. Promotes Healthy Gut
- 3. Boosts Immunity
- 4. Promotes eye health
- 5. Lowers Cholesterol
- 6. Clears the Skin
- 7. Even Diabetics Could Enjoy it
- 8. Aids Weight Loss

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