

# SONNA KODUM



Editor :  
**R.N. SADASIVAN**

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PAJE ! PAJE ! NOWRAN PAJE !

KUSO MARRIAGE BUREAU

PAJE ! PAJE ! NOWRIN PAJE !

**31st GLOBAL SOURASHTRA JADHAGA PARIVARTHANAI MELA**

**First E-MELA**

**on SUNDAY, 20th SEPTEMBER 2020**

## **KUSO MARRIAGE BUREAU**

announces with pleasure that the **31st GLOBAL SOURASHTRA JADHAGA PARIVARTHANAI MELA** will be conducted as **E-MELA** on **SUNDAY, 20th SEPTEMBER 2020** at 10.00 A.M.

We have been conducting Global Jadhaga Parivarthanai Mela since 2004. The response we have been getting is very encouraging. We have so far conducted 30 Melas.

Due to Covid 19 - Corona virus, we are unable to conduct the **31st MELA**.

The Global Jadhaga Parivarthanai MELA, in the future, will be held **ONLINE**. The participants need not come to Bengaluru to attend the E-Mela. Participants can attend the E-Mela from their homes.

The E-Mela will be conducted on the **'JIOMEET APP'**. So, all participants are requested to download **JIOMEET APP** on your mobile, computer or laptop. Make sure to have a camera and mic on your computer or laptop, so conducting and attending the Mela is convenient.

We will contact and send message to the participants through WhatsApp. So please send your application with your **WhatsApp Number**.

All the parents are requested to attend the above Mela along with their son/daughter (to be married). While coming online please be prepare a soft copy (jpg image or pdf file) of the horoscope and a passport size photo of your son/daughter.

All parents are allowed to introduce their son/daughter (to be married) for 5 minutes.

Astrologer **Sri J.K. Vijikumar**, BSc, PGDMM, Dip in Astro, M.A. Astrology (Sri Athyanthaprabhu Jothida Aaraichi Mayyam, Madurai) will be available online to see the matching of horoscopes of your sons / daughters.

We request you to attend the above online E-Mela without fail and utilise the opportunity to settle Marriage Alliance of your sons / daughters.

An enrolment fee of **Rs. 400/-** (6 months validity) and **Rs. 200/-** (3 months validity) will be collected for registration of one horoscope.

Please intimate one week in advance about your attendance to one of the given contacts below:

**T.S. Jayabalan (Gen. Secretary) - 9341477954**

**Ravi G. Vidi - 9448270410 / 9902264195**

**Smt. Yogeshwari Nagarajan - 7892216211**

The details of your Horoscopes will also be published in our official Monthly E-Journal, **"SONNA KODUM"**, for free (confidentiality will be maintained through reference numbers).

Please utilize this opportunity. Parents who have already attended and registered the horoscope of their son/daughter in the previous Melas are requested to attend this E-Mela for renewal (if you are still looking for alliance). You may download the marriage application form from 'www.kuso.co.in' (available on 9 & 10th pages in this issue), fill it and send by e-mail. You must make an online payment when you send us your filled application. The bank details are also given in our website.

## Coronavirus and COVID-19

### What You Should Know

#### What is COVID-19?

A coronavirus is a kind of common virus that causes an infection in your nose, sinuses, or upper throat. Most coronaviruses aren't dangerous.

In early 2020, after a December 2019 outbreak in China, the World Health Organization identified SARS-CoV-2 as a new type of coronavirus. The outbreak quickly spread around the world.

COVID-19 is a disease caused by SARS-CoV-2 that can trigger what doctors call a respiratory tract infection. It can affect your upper respiratory tract (sinuses, nose, and throat) or lower respiratory tract (windpipe and lungs).

It spreads the same way other coronaviruses do, mainly through person-to-person contact. Infections range from mild to deadly.

SARS-CoV-2 is one of seven types of coronavirus, including the ones that cause severe diseases like Middle East respiratory syndrome (MERS) and sudden acute respiratory syndrome (SARS). The other coronaviruses cause most of the colds that affect us during the year but aren't a serious threat for otherwise healthy people.

#### Is there more than one strain of SARS-CoV-2?

It's normal for a virus to change, or mutate, as it infects people. A Chinese study of 103 COVID-19 cases suggests the virus that causes it has done just that. They found two strains, which they named L and S. The S type is older, but the L type was more common in early stages of the outbreak. They think one may cause more cases of the disease than the other, but they're still working on what it all means.

#### How long will the coronavirus last?

It's too soon to tell how long the pandemic will continue. It depends on many things, including researchers' work to learn more about the virus, their search for a treatment and a vaccine, and the public's efforts to slow the spread.

More than 100 vaccine candidates are in various stages of development and testing. This process usually takes years. Researchers are speeding it up as much as they can, but it still might take 12 to 18 months to find a vaccine that works and is safe.

#### Symptoms of COVID-19

The main symptoms include:

Fever	Coughing
Shortness of breath	Trouble breathing
Fatigue	Chills, sometimes with shaking
Body aches	Headache
Sore throat	Loss of smell or taste
Nausea	Diarrhea

The virus can lead to pneumonia, respiratory failure, septic shock, and death. Many COVID-19 complications may be caused by a condition known as cytokine release syndrome or a cytokine storm. This is when an infection triggers your immune system to flood your bloodstream with inflammatory proteins called cytokines. They can kill tissue and damage your organs.

If you notice the following severe symptoms in yourself or a loved one, get medical help right away:

Trouble breathing or shortness of breath

Ongoing chest pain or pressure, New confusion, Can't wake up fully, Bluish lips or face. Strokes have also been reported in some people who have COVID-19. Remember FAST:

Face. Is one side of the person's face numb or drooping? Is their smile lopsided? Arms. Is one arm weak or numb? If they try to raise both arms, does one arm sag? Speech. Can they speak clearly? Ask them to repeat a sentence. Time. Every minute counts when someone shows signs of a stroke.

If you're infected, symptoms can show up in as few as 2 days or as many as 14. It varies from person to person. According to researchers in China, these were the most common symptoms among people who had COVID-19:

Fever 99%	Fatigue 70%	Cough 59%
Lack of appetite 40%		Body aches 35%
Shortness of breath 31%		Mucus/phlegm 27%

Some people who are hospitalized for COVID-19 have also have dangerous blood clots, including in their legs, lungs, and arteries. What to do if you think you have it. If you live in or have traveled to an area where COVID-19 is spreading:

If you don't feel well, stay home. Even if you have mild symptoms like a headache and runny nose, stay in until you're better. This lets doctors focus on people who are more seriously ill and protects health care workers and people you might meet along the way. You might hear this called self-quarantine. Try to stay in a separate room away from other people in your home. Use a separate bathroom if you can.

Call the doctor if you have trouble breathing. You need to get medical help as soon as possible. Calling ahead (rather than showing up) will let the doctor direct you to the proper place, which may not be your doctor's office. If you don't have a regular doctor, call your local board of health. They can tell you where to go for testing and treatment.

Follow your doctor's advice and keep up with the news on COVID-19.

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## SUSTAINABLE ECONOMICS

Before we talk about economics, we need to recall a few basic facts. I'm not going to say anything new. I am going to outline the methodology of our forgotten life. Only that. First we need to think of the difference between desire and essential need. Only then will you understand what is necessary.

The money transfer system must avoid slowly. Stop investing in the bank with the least amount of money.

1. The bank will give you less interest for money you save. Lend your money to the city and earn more interest. The difference in interest is profit to the bank. Bank borrowers need to increase profits in their business if they want to repay the loan with higher interest rates, ie increase the selling price of the products they produce (vegetables, meat, fruits, etc). You are putting yourself in the pile of money to put money in the bank and get expensive. is getting benefit easily with your money. The interest you buy monthly in the bank will go right up to the price. If you had not deposited money in the bank, you would believe that this price rise could not have been attacked. Now, understand that banking is the main reason for that price rise.
2. Is the banking system correct at first? Not sure. Suppose the Reserve Bank, for example, prints 100 crores. 10 National Banks lend 10 crores each. The ten banks have to pay back Rs 11 crore with interest after two years. If the ten banks give 11 crores, the total is 110 crores. The total amount printed is 100 crores. How come 110 crores? Nine banks will get eleven crores of people. The rest of the bank will only pay one crore rupees interest and change the interest rates for its loans and put the burden on the people. Urea will be worth ten crore. Side effects include foreclosure and foreclosure. Confused? You wouldn't ignore the bank if it was easy to understand? That is why banks follow this ambiguity.
3. What to do our money? They will convince you that it is safe to put in the bank. For example, Ambani bank account will be in debt. Because it is foolish to put profits in cash. It is good to put in the profession. This is because the money will not grow because it is packed. Plan and start a business. Make an investment. Profit or loss will be in your hands for the business to succeed. Please try again. Some people who have good business ideas and ideas, give him credit and give credit. This is because Reliance's 501 course, which was bought by Kalai, sparked Jio's success. Depositing money in a bank is tantamount to letting yourself down on your life cycle. It will inhibit not only personal growth but also social development.



This is the rapid theft of the banks, which slowly grow your own assets and economic independence from you, auction them off, increase prices and prevent growth.

Food, cloths and residing are three the essential for all. But if we look at our lives, we know that luxury is more than that.

Another important point is that it takes some time to try out each of the steps listed below. (It may take a lot of time to think and understand). I don't have time. I just want to remind one of the lame excuses that office time and home care are not good enough. This includes the need for a sustainable economy.

We were not born to work, we were born to live. Life is to enjoy the miracles of the world.

Going to work is to meet the needs of life. That is, what would you buy at the salary? You will buy only the essentials to live at home. There are many localities. Consider it. The profit you get from the office you work for is definitely several times higher than your salary. Otherwise they will not keep you at work. For example, let's say your salary is ten thousand. You will have at least thirty thousand profits for your company. Thirty thousand left over. If you work eight hours, you will only be paid a slice. Profit for the remaining employer. Now, with that tens of thousands of whatever you buy, the value of the item plus the profit tax packing will drop in your head. The value of the goods you purchased and the value of the service you received in tens of thousands will be roughly equal to four thousand. The remaining six thousand will go to the profit of others and the government. This is why none of the people who went to work and settled down. Also, all the antibiotics will be provided for health, depression, doctor costs, money laundering, debt trouble.

Now let's say, 8 hours in 24 hours, 8 hours sleep, 8 hours own and other jobs. What if instead of working these 8 hours, you worked to meet your needs? You will get the fruits of your labor. Something looks like a full moon.

Just remember our grandparents' time.

Their work will be agricultural. They lived to harvest and sell the produce on their own land. They will use the money they have just sold for their other needs. Working out also brings physical health. There will also be profits. The medical cost would not have been the same. Do not be afraid of "Farmers commit suicide and die. Not everyone is told to make essentials. Some people produce some food products.



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Make some clothes. Give some people a location. A town can meet its needs with the people of the town.

There are also psychological problems in implementing this. What makes life comfortable for people is that in the beachside bungalow, in the long wooden pavilion next to the swimming pool, four workers are employed as slaves, and all the T.Nagar debris that is necessary or mind-boggling in their home on a weekly basis is envied. Here are the footage. Remove those false portrayals from your imagination. You will think of yourself as the boss that comes with it. But the people who control the community will keep you as those.

Then, if you show that desire, you will come to work whether you like it or not. Someday they will convince you that you can enjoy a luxurious life from a certain day. "You are not at ease, you are having a bad and difficult life," they brainwash. The tactic of patrolling a flock-like society is only visible to the power desk of some multi-millionaire. The spontaneous economy is to escape the spider web of these superhuman superheroes and live a healthy and good life.

Appearance or Image. An individual's appearance in this community determines who he is. Read about Halo Effect and Horn Effect to understand more detailed terms. Conceptual Khaleeju, Sevappa who does not lie. Can the mirror turn Auto Auto FT Jeeva run? Realize the psychological underpinning of such thoughts.

Throw the image that the community expects or recognizes. You can change your life as you like. But everyone needs to get together. If at least a hundred families understand the commodity and the economy, everyone who sees their growth and quality of life will follow the subculture.

Suppose the raw ingredients for home cooking are approximately one hundred. See what's available in local. There will be approximately eighty items. Many items are packed in plastic packets and have the name of the big brand. Don't buy them. The same products are cheaper than local ones. Buy the same thing. The remaining twenty items you can produce yourself.

For example, if you want chilli powder, you can buy chilli coriander and dry it at home and grind it in the nearest flour grinding shops. Similarly, each product can be prepared at home in trial and error. Try it and it will be easy for you. Don't try to make everything from the same day. Start preparing each ingredient. None of the ingredients in your kitchen in a single year are great brand items. At the time of the monthly budget will be a thousand rupees. Medical costs will be avoided in the future.

These are all raw materials, not by-products. The

next move of the land holders should be towards yield. Consider other essential needs, such as clothing and location, for those who do not own arable land. Even a jeans for a thousand bucks can not be bought for good. But calculate how many hours you need to work for the same thousand rupees. You will work for approximately sixteen hours. Buy a Material of a T-shirt now. Sew the shirt for yourself. You can prepare the shirt for yourself in four hours of labor. You can sew yourself a bouquet of t-shirts that come in first as a gown and then sew ten shirts. Come on smiling. Because living in this community for many years ignorantly, you will only smile if you give out the thoughts that are beneficial in one day. Try to understand the benefits of this subjective economic lifestyle.

If you prepare your product for yourself and your community needs, you will have the potential and the knowledge to produce and market the essentials in five to ten years. Your growth in social development is not essential.

Learn what addiction is the barrier to clear sanity.

"You can go abroad and earn money and settle down."

"Good IT For those who have such a brilliant idea to be able to cultivate natural farming, to be able to tame millions of lakhs in the company.

Sandalwood, Sheep, and Imbon statues are not worth it. It's your corner. Your country will stand there when you look back years after spending all your time and effort on the development of another nation. You strive for the community in which you live. Your family will be a dynasty community. Trafficking in human resources to a foreign country is also a moral offense. If the Ministry of Human Resources does not realize this, then tax revenues are high. That means bribing and deporting your potential. And when the forest house bungalow settles in the tranquil environment far away from the city, saving millions or even millions of rupees, the rest of your time is not enough to balance the waste and waste. Nothing is left to your next generation. We will be ready.

**Suryadevan**

## Corona joke

**Mannen Bhavi** : Ed savo dha thure singathi mogO mask khadi dEraani, ruvvo sangi dekkadO.

**Singathi** : kagoraa kanjan sOn challariyo. onte mask khadi dEththak kaai

**Mannen** : thoo ivar kaLaLLunaathak thego hOr khaLLi avnago. beeraam sEthe 320 savlanuk matchugan mask pajE menarthe.

**NB** : thavaL meingi pade singadthi angun comamoos sE meni sangaraas.

**Ravi G Vidi**



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# KNOW ABOUT ANALGESICS

## The Pain Killers

Whenever we have headaches, back pain, arthritis, we eat pain pills. The pain disappears for a while. We are beginning to look for other jobs in the satisfaction of being cured.

### How did the pain go?

The information that sprouted every second through our icons is colored. For example, you close your eyes and sit quietly.

Suppose someone touches your hand at that point. The sensory nerves in the brain take that information to the brain. The brain immediately senses the message that someone is touching you. If the brain does not know this information, you cannot perceive the functions that it touches.

Similarly, when there is pain in one part of the body, the most sensitive nerves in the spinal cord carry that information to our brain. When to the brain

It is only when the pain begins that we know that the pain is in this particular place. We don't know the pain without the brain announcing it.

### What happens when we eat pills for pain?

The pain that takes us to the brain and senses the nerves and pain pills can cause us to lose consciousness. Due to this insomnia in the nerves through the pill, the information in the brain is blocked. So we don't feel pain.

Pain and pills can cause us to feel like we are not aware of how to beat or kick an intoxicated alcoholic.

Initially you will normally take pain pills at low power. Sensory nerves can be weakened when taking persistent pain pills. Because of this, the organs are affected. If you take the pill then the pain will not decrease. So you start eating more pills or two pills. Eventually, when the sensory nerves reach the unconscious level, no pain is reduced.

This is the case with Michael Jackson, the famous pop singer. He had to undergo plastic surgery several times to change his face. Then it brought death to him. Coma and strokes are caused by the disconnect between the brain, the sensory nerves, and the body.

Power of a pain pill can last anywhere from 4 hours to 6 hours. When the power of the tablet decreases, the nerves get back to the senses due to the body's immunity. We begin to feel pain again and immediately we put the pain pill back on. That is why it is advisable to eat 2 or 3 tablets a day.

### How does the power of the tablet decrease?

Our body is the creation of nature. So this body will only accept natural products. Drugs are synthetic chemicals.

When this chemical passes through the body, the stomach rejects it. Our liver recognizes it and removes those toxins and sends it to the kidneys. The kidneys push it out through the urine.

For example, if you eat a nutrient pill, your urine may look yellow. If you take a closer look, you may feel the urine smell of the pill. It cannot be sensed in blends or odors. Once the effects of the drug are gone out of the body, the pain will start to recur.

When the liver and kidneys are working to eliminate the toxins of the drugs we eat, the stability of the body is reduced. They have to work twice as much. Over Time Work It is said that if you take the pills, the liver and kidneys will be damaged.

You think that you have cured the disease after eating the drugs. Of course not. As mentioned above, you are only forgetting the pain. The cause of the pain has not yet been removed from your body. The disease is developing within the body itself.

Eventually the cause of the disease is not cured, but when the disease is compressed and the disease subsides, the embedded organ is cut back into a state called Operation. Operation is not required if the cause of the pain is cured early. Do not take pain pills frequently because it is easily available. It can cause great harm.

Pain relieves the mucus membrane layer that protects the intestines and causes ulcers. Symptoms that usually start with abdominal irritation, heartburn, and vomiting can have major consequences such as chronic gastritis, stomach ulcers, stroke, infertility, heart attacks, liver and kidney failure. The effects can vary depending on what kind of painkillers you use and how you use them. There is nothing that is safe in these painkillers.

One can only take one pill for severe unbearable pains and urgent needs. Do not eat continuously. Health is the key to finding the right cause for pain and healing it properly.

Don't take pain medications too often. All doctors would say. If your pain or illness is not being treated in a clinic, treat other doctors like Homeopathy and Acupuncture.

Most of the pain pills are taken for headache. Headaches can come from many reasons. But more headaches are due to tension and lack of grief. If you take a little rest or sleep without taking the pill, it will ease the pain.

It is best not to take pills if other pains are too much to bear. You know what some aches are. For example, if the stomach is aching, it may be a digestive problem, gas trouble or heat. If you have diarrhea and you have abdominal pain, drinking a little hot water will be okay.

In case of anorexia, drinking boiled digestive tract water can reduce the pain. For abdominal pain caused by heat If you eat a little dill it will be okay. Some health problems that occur on a daily basis can be made with homemade products. The doctor can guess the impossible. Your health is in your hands.

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Cyanocobalamin(B <sub>12</sub> )	1.6 mg
Folic Acid	1.76 mg
Other B-complex Vit.	0.390 mg
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# SAD DEMISE



A.L. Raghavan was born to a Saurashtra Brahmin family in Ayyampettai near Thanjavur to Lakshmana Bhagavathar. He was married to the veteran actress M.N. Rajam. He died on 19th June, 2020 due to cardiac arrest. He has performed thousands of songs in Tamil films

from the 1950s to the 1980s. In 1947, he made his acting debut in the film Krishna Vijayamas a child artiste. He made his debut as a singer in the 1950 film "Vijayakumari". He sang a song in female voice for Kumari Kamala. He has sung in Tamil, Malayalam, Telugu and Kannada. It is noteworthy that the composers MS Viswanathan, KV Magadevan and SM Subyaiah Naidu gave him more opportunities.

He has sung the most famous song 'engiruthaalum vaazha' in the movie Nenjilor Aalayam.

He is the backdrop to many films starring Kalyan Kumar and Gemini Ganesan. He was cast in 1948 and after a long gap, he appeared in the 1951 film "Sudarshan" as Bhagwan Kannan.

He is the hero in the movie Kallum Kaniyakam. He has produced two films with eye-catching stories.

The film was produced in collaboration with singer TMSoundararajan.

The film ran smoothly. And Soundararajan has stopped making the film. But in 1980, he made eye-catching stories. GK Venkatesh, Shankar Ganesh, KV Magadevan, RR Pappa and Iliyarasa put together the music. Though the songs were popular, the film was a failure and lost millions of rupees as the story was not strong.

His voice is best suited to Nagesh. So he has sung hundreds of films for Nagesh. Wada machan wada (anru kanda mugam), ulagathil siranthathu ethu (Pattanathil bhootham), saappidathan theriyum enakku samaikkath theriyaliye (bawani) seettukkattu raasa, enna vaegam nillu bhama, (Kulanthaiyum Deivamum), Angamuthu thangamuthu (Thangaikkaaga), Anru oomaippennallo known by many songs.

The man who gave the Eco effect to his voice at a time when that time no the facility. He was the forerunner of the creation of orchestral concerts on stage. He was the first singer in MS Viswanathan music along with Chandrababu in the movie Puthayal.

Sri K Jeyachandran Retd. Professor of Commerce, Sourashtra college expired due to COVID 19 on 25-06-2020.



Dr. Lakshmi Kantham wife of Dr. Rajan expired due to COVID 19 on 26-06-2020.

KUSO office bearers and committee members expressed their condolences to the bereaved families.

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**BRIDEGROOM / BRIDE INFORMATION**

(FOR SOURASHTRA PEOPLE ONLY)

Photo of  
Bridegroom  
/ Bride

1. Name of the Bridegroom/Bride : \_\_\_\_\_
2. a) Date of Birth    b) Time   am / pm
3. a) Place : \_\_\_\_\_ b) Origin : \_\_\_\_\_
3. a) Gothram : \_\_\_\_\_ b) Family Name : \_\_\_\_\_
4. a) Natchathram : \_\_\_\_\_ b) Padam : \_\_\_\_\_ c) Rasi : \_\_\_\_\_
5. a) Height : \_\_\_\_\_ b) Colour : \_\_\_\_\_ c) Blood Group : \_\_\_\_\_
6. A) Mother's family name : \_\_\_\_\_
7. Education : \_\_\_\_\_ Profession / Business Name : \_\_\_\_\_
8. Employment details : (please tick) Central Govt  Central Govt. Undertaking  State Govt.   
State Govt. Undertaking  Private  Self Employee  MNC (India)  MNC (Abroad)   
Office Name & address : \_\_\_\_\_  
E-Mail Address : \_\_\_\_\_
9. Monthly Salary/Income : \_\_\_\_\_
10. Father's Name/Occupation/City : \_\_\_\_\_
11. Mother's Name/Occupation/City : \_\_\_\_\_
12. Applicant is  st/nd/rd/th child of parants, Indicate details
 

1	2	3	4	5	6
B/G	B/G	B/G	B/G	B/G	B/G
13. Please write brief information on In-Law's of Brothers & Sisters : \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
14. Contact address and phone numbers of parents/guardians (with PIN code) : \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ PIN : \_\_\_\_\_
- Phone : \_\_\_\_\_ Mobile : \_\_\_\_\_
15. Having Own House (please  tick)  Rented House
16. Languages known : \_\_\_\_\_
17. Marital Status :  Never Married /  Divorcee /  Widow / Widower (please  tick)

	<b>JATHAGA INFORMATION</b>		
	Raasi		
	Amsam		

Raasi : \_\_\_\_\_ Natchathram : \_\_\_\_\_ Paadam : \_\_\_\_\_

Birth Place : \_\_\_\_\_

Birth date :    time : \_\_\_\_\_ am / pm Day : \_\_\_\_\_

Tamil Year \_\_\_\_\_ Month \_\_\_\_\_ Date : \_\_\_\_\_

Patcham : \_\_\_\_\_ Thithi : \_\_\_\_\_ Jananakala : \_\_\_\_\_

Mahathisai Iruppu : Years : \_\_\_\_\_ Months : \_\_\_\_\_ Days : \_\_\_\_\_

### WHAT IS YOUR EXPECTATION ON YOUR LIFE PARTNER

Education of Bride/Groom : \_\_\_\_\_

Origin should be (Place) : \_\_\_\_\_

Should be living in : \_\_\_\_\_

Should be working in : \_\_\_\_\_

Doing business at : \_\_\_\_\_

Height should be Minimum \_\_\_\_\_ Maximum \_\_\_\_\_

Bride need / need not go for job

Bride should not be forced go job : Yes  No

Horoscope Match is must / Mutual acceptance will also hold good.

Need  Never Married /  Divorcee /  Widow / Widower (please tick) boy / girl.

I/We hereby declare that the particulars furnished above are true to the best of my / our knowledge.

Signature of  
Bridegroom / Bride

Signature of  
Parents / Guardian

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## CONGRADULATIONS



The UK Atomic Energy Authority's Chitra Srinivasan has been named in the UK's Top 50 Women in Engineering for 2020.

Chitra, who is a Control & Software Engineer at UKAEA's fusion research lab at Culham Science Centre near Abingdon, says she is 'honoured' to be featured in the list, published today by the Women's Engineering Society.

The Top 50 Women in Engineering awards, judged by a panel of industry experts, are now in their fifth year. They seek to recognise the wealth of female talent within engineering; an annual celebration aligned with International Women in Engineering Day, which takes place on 23 June and is also co-ordinated by the Women's Engineering Society.

The theme for 2020 is 'Sustainability' – celebrating female engineers who are making a significant contribution to achieving net zero carbon. At the UK Atomic Energy Authority, Chitra is part of a team developing fusion energy as a carbon-free source of electricity that could be used around the world.

Chitra Srinivasan said: "I am an upcoming engineer in fusion research and this achievement is highly encouraging for me. This would not have been possible without the support of my colleagues. At UKAEA, I have the opportunity to research sustainable energy by developing computer codes to control the fuel inside fusion machines. We are copying the process that powers the Sun for greener electricity."

Despite the unusual set of circumstances the country finds itself in this year during the COVID-19 pandemic, the awards will still be celebrated in a virtual International Women in Engineering Day event on 23 June and across social media and press throughout the world.

Elizabeth Donnelly, Chief Executive Officer of the Women's Engineering Society, explained why they had chosen the theme of sustainability for 2020: "The 2019 Climate Emergency Declarations followed unprecedented weather conditions across the planet. It will be engineers who will provide many of the solutions needed to address the UN's Sustainable Development Goals. We felt that it was the right time to showcase the amazing women who are already working on these issues."

Sally Sudworth, the Women's Engineering Society's Honorary Secretary and head judge for the awards, said: "The panel of judges was thrilled by with the outstanding achievements demonstrated by all of the winners and by the difference being made by the candidates."

"I am an upcoming engineer in fusion research and this achievement is highly encouraging for me," said Chitra Srinivasan.

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Chitra is a grand daughter of Late Vidwan K. Ramanathan (Tamil Pandit, Sourashtra Higher Secondary School, Madurai) and daughter of Sri Srinivasan, Former Director, IGNOU, New Delhi.

KUSO Office Bearers and Executive Committee Members wishes her to get more awards.